

Saturday, May 19, 2007, 10:00 am

Bike Ride / Roller Blade / Walk / Run



Location: Silver Comet Trail
Mavell Road Parking Lot
Smyrna, GA

Host: Melanie Carawan
(404) 819-0712

Cost: What ever you may eat or drink. If group wants to go we can have lunch afterwards.

Details: Let's have some healthy fun and maybe do lunch.

Directions:

- Take I-285 to exit number 15-South Cobb Drive. South Cobb Drive exit is near mile marker 14 on I-285. South Cobb Drive is Hwy. 280/ Smyrna/ Chattahoochee Tech. Go outside the perimeter away from the large smokestack, onto South Cobb Drive.
- Go to mile marker 2.5 on South Cobb Drive.
- Turn left on Cooper Lake Road and pass a small lake on the right. From the lake to Mavell Road is a short drive.
- Turn left on Mavell Road (Nickajack Elementary).
- Mavell Road dead-ends into the Silver Comet parking lot at the trail's starting point.

[For customized directions via MapQuest, click here.](#)